



Menu served ALL DAY!

Breakfast Specialties

BREAKFAST BLT - \$10.95

Eggs, bacon, cheddar, tomatoes, avocado & mayo on toasted sourdough.

BISTRO BREAKFAST BLT - \$10.95

Eggs, bacon, dill Havarti, tomatoes, avocado & house-made Bistro sauce on toasted sourdough.

MEDITERRANEAN SUNRISE - \$10.95

Eggs, bacon, feta, house-made pesto, tomato, red onion, avocado & mayo on toasted squaw.

SPICY SAUSAGE & BRIE - \$10.95

Eggs, spicy sausage, brie, tomatoes & pepper-onions on toasted squaw.

ROO'S POUCH FILLER - \$10.95

Eggs, chicken, dill Havarti, tomatoes, avocado & garlic aioli on toasted sourdough.

HONEY HAM & EGG - \$10.95

Eggs, honey ham, cheddar, red onion & mayo on toasted sourdough.

Avocado Toast

CR AVOCADO TOAST - \$8.95

Avocado, everything seasoning & Mike's hot honey on sourdough.

MEDI AVOCADO TOAST - \$9.95

Avocado, red onions, house-made pesto & feta on squaw.

LEMON AVOCADO TOAST - \$8.95

Avocado & lemon pepper on sourdough.

Bagels

BAGEL w/ cream cheese - \$2.75

BAGEL w/ brie & cranberry - \$3.75

BAGEL w/ feta & jam - \$4.95

BAGEL w/ cream cheese, avocado & tomato - \$4.95

LOX BAGEL - \$10.95

Wild caught Atlantic smoked salmon with cream cheese, capers, tomatoes, red onions & lemon pepper.

PESTO PIZZA BAGEL - \$5.95

Spicy sausage, swiss, house-made pesto, tomatoes & cream cheese on toasted pizza bagel.

Bagel & Egg

On your choice of bagel

EGG & CHEESE - \$5.95

CHEDDAR, BACON & AVOCADO - \$7.95

SPICY SAUSAGE, PEPPER JACK & AVOCADO - \$7.95

TOMATO, AVOCADO & MUSHROOM - \$6.95

BAGELS (while supplies last)

Plain | Sesame | Everything

Whole Wheat | Garlic Sourdough

Garlic Havarti | Tomato Asiago

Spinach Parmesan | Pizza | Bacon Swiss

Cinnamon Raisin | Jalapeño Cheddar

Quiche

\$6.95

HAM & CHEDDAR

BACON & ONION

SPINACH & ARTICHOKE

VEGETABLE

Burritos

SO-CALI - \$11.95

Eggs, bacon, cheddar cheese, potatoes, avocado, citrus sour cream & chili salsa.

PESTO BACON CRUNCH - \$10.95

Eggs, bacon, swiss, house-made pesto, potatoes, cream cheese & salsa.

THE VEGGIE - \$10.95

Eggs, avocado, tomatoes, potatoes, spinach, mushrooms, hummus & salsa.

TRI-TIP - \$12.95

Eggs, tri-tip, cheddar, potatoes, avocado, citrus sour cream & chili salsa.

Oatmeal

Served until 12pm

DAILY SPECIAL OATS - \$7.95

See the daily special board.

SIMPLE OATS - \$4.95

Butter & brown sugar.

Salads

Add a side of cheesy bread for \$1.00

KOO KOO ROO - \$10.95

Spring greens, feta, strawberries, apples, cucumbers, candied walnuts & raspberry vinaigrette.

ASIAN CHICKEN - \$11.95

Spring greens, chicken, parmesan cheese, crunchy noodles, almonds, carrots & sesame vinaigrette.

THAI SPRING APPLE - \$11.95

Spring greens, chicken, apples, cucumbers, crunchy noodles, cashews, spicy berry vinaigrette drizzle & peanut dressing.

BLUE BLT - \$11.95

Spring greens, bacon, blue cheese, tomatoes, avocado, cashews, spicy balsamic drizzle & blue cheese dressing.

APPLE NUT CHICKEN - \$11.95

Spring greens, chicken, blue cheese crumbles, apples, cashews & balsamic vinaigrette.

TUNA ALMOND RANCH - \$11.95

Spring greens, tuna, swiss, tomatoes, avocado, almonds & zesty ranch dressing.

Grilled Cheese

Served with house salad

THE PESTO - \$8.95

Swiss, house-made pesto & mushrooms on sourdough.

THE CLASSIC - \$8.95

Cheddar & bacon on sourdough.

THE HAVARTI - \$8.95

Dill havarti, avocado & lemon aioli on sourdough.

TRIPLE BLUE - \$9.95

Pepper jack, jalapeño parmesan-artichoke spread & blue cheese on sourdough.

Soup of the Day:

Served with a side of cheesy bread

Cup - \$5.95

Bowl - \$7.95

Before placing your order, please inform your server if a person in your party has a food allergy.
Half size sandwiches & combos available

Deli Sandwiches

Served with fruit, house salad, or potato salad

DAM ROAD CLUB - \$11.95

Turkey, honey ham, bacon, pepper jack, tomato, avocado, red onion, lettuce & house-made bistro sauce on sourdough.

CILANTRO TURKEY CRUNCH - \$10.95

Turkey, swiss, cilantro, red onion, sprouts, dijon, lettuce & honey mustard on sourdough.

ASHLAND CHICKEN - \$10.95

Chicken, swiss, tomato, red onion, avocado, lettuce, mayo, dijon & cream cheese on sourdough.

TURKEY REPUBLIC - \$10.95

Turkey, bacon, cheddar, tomato, red onion, lettuce, mayo, dijon & balsamic vinaigrette on sourdough.

AVA'S TUNA - \$10.95

Tuna, dill havarti, apples, almonds, red onions, lettuce & thousand Island on squaw.

ALBACORE TUNA - \$10.95

Tuna, cheddar, tomato, red onions, lettuce, mayo & dijon on sourdough.

TOMACADO - \$9.95

Tomatoes, avocado, cheddar, red onion, lettuce, mayo & dijon on sourdough.

VOO DOO - \$9.95

Tomatoes, avocado, red onion, dill havarti, cucumbers, lettuce, sprouts, cream cheese & honey mustard on squaw.

Hot Melts

Served with fruit, house salad, or potato salad

BLT CLASSIC - \$11.95

Bacon, lettuce, tomatoes, cheddar, avocado & mayo on sourdough.

BISTRO BLT - \$11.95

Bacon, lettuce, tomatoes, dill havarti, avocado & house-made bistro sauce on parmesan sourdough.

CRANBERRY FETA MELT - \$11.95

Chicken, bacon, feta, cranberry sauce, tomato, red onion & cream cheese on squaw.

HAM APPLE & BRIE - \$11.95

Honey ham, brie, apples, red onion & spicy cranberry sauce on focaccia.

CHICKEN MUSHROOM MELT - \$11.95

Chicken, jalapeno parmesan-artichoke spread, mushroom & tomatoes on focaccia.

PESTO TURKEY MELT - \$11.95

Turkey, swiss, bacon, tomato, red onion, house-made pesto & mayo on focaccia.

OHLALICIOUS LEMON CHICKEN - \$11.95

Chicken, dill Havarti, tomatoes, red onion, avocado & citrus pepper aioli on sourdough.

BOURBON BBQ TRI-TIP - \$12.95

BBQ tri-tip, pepper jack, red onion, tomatoes & house-made bistro sauce on focaccia.

Beverages

COFFEE

DRIP COFFEE - \$2.35 / \$2.60
ICED COFFEE - \$2.75 / \$3.50
SWEET DOUBLE BLACK - \$4 / \$4.75
COLD BREW - \$4 / \$5

ESPRESSO

ESPRESSO - \$2.50 / \$2.75
CAPPUCCINO - \$3.95 / \$4.50
AMERICANO - \$3 / \$3.25
LATTE / ICED LATTE - \$4 / \$4.40
Tiramisu - Maple - Butter Rum - Caramel Macchiato
MOCHA / ICED MOCHA - \$4.50 / \$5.25
Kahlua - Black & White - Mexican
WHITE MOCHA / ICED WHITE MOCHA - \$5.25 / \$5.75
Irish - Winter Mint - Peanut Butter

TEA

ASSORTED LOOSE LEAF TEA
CUP \$2.50 - \$3
ICED TEA (Mango Black, Citrus Green or Herbal) - \$2.50 / 3
ICED SWEET TEA - \$3 / \$4
ICED COCONUT TEA - \$3.50 / \$4.50
MATCHA LATTE (hot or iced) - \$4.75 / \$5.25
CHAI LATTE (hot or iced) - \$4.75 / \$5.75
APPLE CHAI CIDER - \$4.50 / \$5.25

Frappes

Blended with ice & milk

Mocha - White Mocha
Tiramisu - Vanilla - Caramel
20 oz \$6.50 / 32 oz \$7.25

Shakes

Blended with vanilla ice cream - a CR specialty!

Espresso - Mocha - White Mocha
20 oz \$7 / 32 oz \$9

CAFFEINE FREE

HOT CHOCOLATE - \$3.50 / \$4.25
ORANGE JUICE (20 oz) - \$4
APPLE JUICE (20 oz) - \$4
LEMONADE (20 oz) - \$4

ADD FLAVOR +.65

ALTERNATIVE MILK +.65
Soy - Almond - Coconut - Hemp

Smoothies

CHOCOLATE PROTEIN - \$8

Milk, banana & chocolate protein powder.
-Add cold brew for an extra kick! +\$1

ORANGE CREAMSICLE - \$8

Fresh OJ, banana & vanilla protein powder.

GREEN TEA PROTEIN - \$8

Milk, ceremonial grade Matcha green tea & vanilla protein powder.

MIXED BERRY SMOOTHIE - \$7

Strawberries, raspberries, banana & milk.

Mimosas

Classic Mimosa - \$6

Champagne, orange juice & orange garnish

Pomegranate Lemon Mimosa - \$6

Champagne, lemonade & pomegranate

Monthly Special Mimosa - \$6

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Half size sandwiches & combos available

Folsom / Spring 19